



ACE Curriculum Vision – January 2020



PE

Curriculum leader vision statement:

PE at Astley is fun, encourages competition and is inclusive for all. We teach through a holistic approach to develop confident, competent, lifelong learners and a love for physical activity.

PE is ACE at Astley because:

Our aim at Astley is to develop a holistic approach to children's development through six main areas of focus; personal, social, cognitive, creative, physical and health and fitness. This ACE approach intends on developing happy, confident and kind individuals who are ready to contribute to and engage with life after Astley.

We hope to provide children with a range of fun sporting opportunities both inside and outside of school in order to develop a love for sport through a range of competitive and non-competitive sports. Through Physical Education and Sport, children will also learn to develop qualities including resilience, determination, honesty, communication, teamwork and ambition.

We are keen to develop skills helping children to know how to make challenges appropriate for their own level of learning and reward personal achievements, making Physical Education inclusive for all. This hopefully will instill a passion for sports that children can apply both now and later on in their lives.

We provide opportunities for children to take part in a mixture of aerobic exercises and work to strengthen their bones and muscles. We aim to do this through at least 2 hours of Physical Education during the week. On top of this as we strive to develop the whole child holistically at Astley we are active as much as possible through activities like Active Maths, The Daily Mile and understanding a balanced diet.

PE is progressive at Astley because:

We follow Real PE which has clear progression of skills across the year groups teaching children fundamental skills alongside focusing on holistic development (physical, creative, personal, cognitive, social and health and fitness).

At Astley, we have tied holistic development into certain times of the year to align with other educational activities. Children focus on social skills at the beginning of the year as they begin a new class, develop creative skills when they are focusing on their performances and children end the year focusing on physical skills as they participate in active week/sports day.

In addition to this, every half term a multi-ability will be the key focus and this is paired by Real PE and another activity in order to further children's development. Social skills is paired with athletics and outdoor adventurous activities. Creative is paired with dance. Cognitive is paired with games. Physical is paired with athletics and personal, health and fitness is paired with gymnastics.

Across their time at Astley, children will participate in a range of different sports to provide a wide range of games carefully thought-out so that these feed into what they will go on to learn at secondary school.

