



Spring/Summer Allergen Aware Menu



Our Allergen Aware Menu is free from most of the top 14 legal allergens and is closely aligned with our Primary School Main Menu.



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS



NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS



Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Margherita Pizza with Tomato Pasta Salad (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Peas and Sweetcorn</p> <p>Homemade Cupcake</p>	<p>Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges</p> <p>Or</p> <p>Cheese and Tomato Pasta Bake (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Mixed Salad</p> <p>Iced Fruit Smoothie</p>	<p>Roast Chicken with Mashed Potato and Gravy</p> <p>Or</p> <p>Cheese and Potato Pie with Gravy (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Carrots and Green Beans</p> <p>Homemade Shortbread</p>	<p>Chicken Fillet with Mediterranean Sauce and Steamed Rice</p> <p>Or</p> <p>BBQ Plant Balls with Steamed Rice (Ve)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>with Mixed Vegetables</p> <p>Cocoa Popcorn Bar</p>	<p>Fish Fingers Or Garden Vegetable Goujons (v) with Chips</p> <p>Jacket Potato with DF Cheese or Tuna (no mayo)</p> <p>with Peas or Baked Beans</p> <p>Homemade Muffin</p>

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Margherita Pizza with Potato Wedges (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Sweetcorn</p> <p>Homemade Cupcake</p>	<p>Chicken Fillet in a Roll with Ketchup and Savoury Rice</p> <p>Or</p> <p>Plant Sausages with Tomato Pasta (Ve)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Veg Sticks</p> <p>Iced Fruit Smoothie</p>	<p>Roast Chicken or Plant Sausages (Ve) with Roast Potatoes and Gravy</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Carrots and Peas</p> <p>Homemade Shortbread</p>	<p>Tomato Pasta with Cheese (v)</p> <p>Or</p> <p>Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Mixed Vegetables</p> <p>Fruit Jelly</p>	<p>Fish Fingers Or Garden Vegetable Goujons (v) with Chips</p> <p>Jacket Potato with DF Cheese or Tuna (no mayo)</p> <p>with Peas or Baked Beans</p> <p>Homemade Cupcake</p>

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Margherita Pizza with Potato Wedges (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Veg Sticks</p> <p>Iced Fruit Smoothie</p>	<p>Beef Bolognese with Pasta</p> <p>Or</p> <p>Loaded Tomato and Bean Bake (Ve)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Broccoli</p> <p>Homemade Shortbread</p>	<p>Pork Sausages Or Plant-Powered Sausages (Ve) with Mashed Potato and Gravy</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Mixed Vegetables</p> <p>Homemade Cake</p>	<p>BBQ Chicken Fillet with Savoury Rice</p> <p>Or</p> <p>Cheese and Tomato Pasta Bake (v)</p> <p>Jacket Potato with Beans, DF Cheese or Tuna (no mayo)</p> <p>served with Sweetcorn</p> <p>Homemade Shortbread</p>	<p>Fish Fingers Or Garden Vegetable Goujons (v) with Chips</p> <p>Jacket Potato with DF Cheese or Tuna (no mayo)</p> <p>with Peas or Baked Beans</p> <p>Homemade Iced Sprinkle Cake</p>

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily

